

SENIOR ADVISORY COMMITTEE WORK PLAN
Fiscal Year 2015-16

Title and Description	Key Milestones	Date (per milestone)	Current Status/Notes
Ongoing Work Items			
<p>A. Provide enhanced awareness of senior issues within a diverse community, increase outreach, and ensure the greatest quality of service possible by the Senior Advisory Committee (SAC).</p>			<p>Overarching mission of the SAC.</p> <p>Forward an updated State of Mountain View Senior Report to City Council – Fall 2015</p>
<p>B. Communications Subcommittee – Priority mission is to communicate with Mountain View seniors via the following methods:</p> <ul style="list-style-type: none"> • Senior survey. • Identify speakers. • Use City website, City Facebook, I Love MV website to communicate important information and updates to seniors. • Provide communication support to full SAC and subcommittees considering the following: <ul style="list-style-type: none"> – Specific communication subjects. – Education workshops. – Education materials. – Articles and information for media outlets (i.e., <i>Mountain View Voice</i>, KMVT). 	<ul style="list-style-type: none"> • Continue to provide content to staff for the City website and the Senior Center Facebook Page. • Provide workshops on Alzheimer’s. <ul style="list-style-type: none"> – Alzheimer’s Update • SAC provided an outreach table and distributed informational material regarding the Senior Center and the SAC at community events. 		<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>

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<ul style="list-style-type: none"> Communicate with Mountain View businesses and distribution of SAC poster. 	<ul style="list-style-type: none"> Translate SAC poster into Chinese. 		Develop a plan for printing and distribution of the Chinese poster.
<p>C. Senior Center Subcommittee – Priority mission is to maintain an active presence at the Senior Center and to provide education and support to enhance senior programs for the community.</p> <ul style="list-style-type: none"> Organize an annual Meet and Greet at the Nutrition Program with City Council and SAC members. Provide an educational workshop series at the Senior Center. Support the Senior Center through sharing or resources and new program ideas with the Senior Center and Community Services Agency (CSA). 	<ul style="list-style-type: none"> Conducted fifth annual Meet and Greet with City Council. Conduct monthly Alzheimer’s screenings. 	March 2016	Ongoing

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<p>D. Focus on Age-Friendly Cities Subcommittee – Priority mission is to target those most in need of support in the community: frail, at-risk, homebound seniors with limited access to resources most in need to age in place.</p> <ul style="list-style-type: none"> • Develop instruction modules; for example, in how to read/understand: websites which list physicians with geriatric specialties, articles about health problems, and directions on taking medications. • Focus on senior-friendly cities criteria. <ul style="list-style-type: none"> – Housing. – Transportation. 	<ul style="list-style-type: none"> • Provide a three part speaker series, Life in a Senior-Friendly City. 		<p>Provided a three part speaker series in spring 2015:</p> <ul style="list-style-type: none"> • Cultural Diversity and Healthy Aging in Senior-Friendly Cities, by Darlene Yee-Melichar. • Assistive Technology for Older Adults, by David L. Jaffe. • Seniors Advancing Age-Friendly Mountain View, by Anabel Pelham. <p>Provided a letter requesting City Council investigate setting up a fund to assist seniors to help repair their homes and bring them up to code.</p>

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<p>E. Continue dialogue to share challenges of seniors and people with disabilities aging in Mountain View with other commissions and committees such as:</p> <ul style="list-style-type: none"> • Council Transportation Committee • City of Mountain View ADA Coordinator • Parks and Recreation Commission • Human Relations Commission • Downtown Committee • Performing Arts Committee • Planning Commission • Bicycle/Pedestrian Advisory Committee • Environmental Planning Commission • Other Agencies • Other City Committees and Commissions 	<ul style="list-style-type: none"> • Provided input for the Bicycle Pedestrian Master Plan. 		Ongoing
Fiscal Year 2015-16 Work Items			
<p>1. Pursue establishing a City task force to acquire certification as an Age-Friendly Community.</p>	Determine task force model to assist age-friendly guidelines that will best serve Mountain View.	June 2016	
<p>2. Continue to champion ways to keep Mountain View seniors housed in Mountain View.</p>	Identify housing issues faced by Mountain View seniors.	June 2016	